

How do I find the right size at ENGEL?

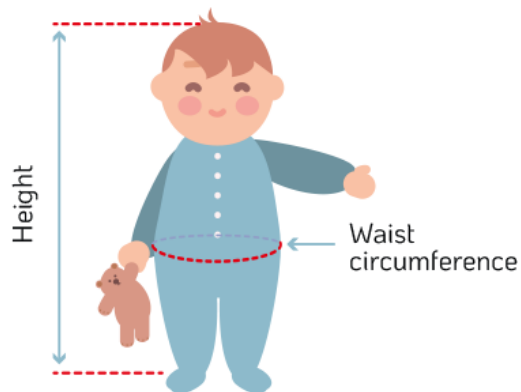
We care deeply about the mindful use of clothing. We know that it is often difficult to find the right size online – that's why we want to support you as best we can and work together to reduce the risk of items having to be returned.

On each product you will find a size chart with instructions on how to measure yourself.

To protect our environment, returns are not free of charge. We share the return costs with you so that we can take responsibility together. This allows us to reduce transport routes, packaging waste and CO₂ emissions. Find out everything you need to know about our returns process [here](#).

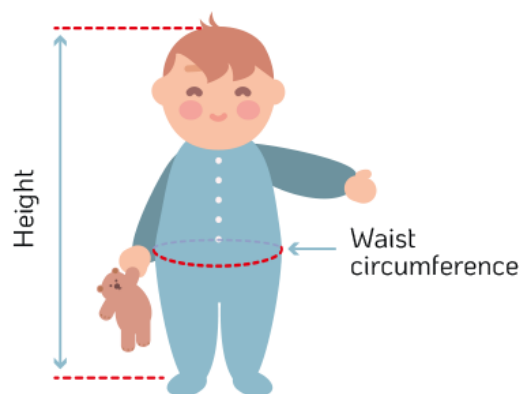
Size chart for prematures

| Premature Babies | | |
|------------------|-------------|-------------|
| height | height (cm) | weight (kg) |
| 38 | 38 | 1 – 1.5 |
| 44 | 44 | 1.5 – 2.5 |
| 50 | 50 | 2.5 – 3.5 |



Size chart for babies

| Babies | | | |
|---------|--------------|-------------|------------|
| height | age (months) | height (cm) | chest (cm) |
| 50/56 | 0–3 | 50–56 | 42–46 |
| 62/68 | 3–6 | 62–68 | 44–48 |
| 74/80 | 6–12 | 74–80 | 46–50 |
| 86/92 | 12–24 | 86–92 | 48–52 |
| 98/104 | 24–48 | 98–104 | 50–56 |
| 110/116 | 48–72 | 110–116 | 54–58 |

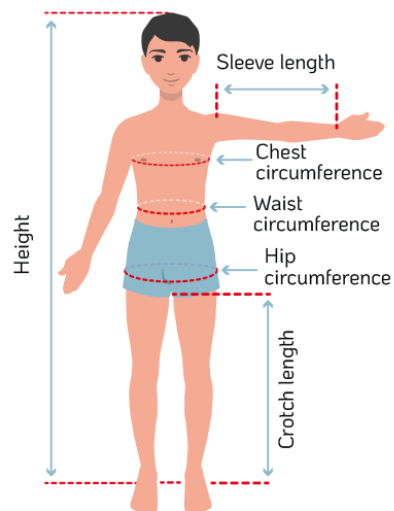


Size chart for baby-hats

| Baby-hats | |
|-----------|-------------------------|
| height | head circumference (cm) |
| 50/56 | 36–41 |
| 62/68 | 41–44 |
| 74/80 | 44–46 |
| 86/92 | 46–48 |
| 98/104 | 48–50 |
| 110/116 | 50–52 |

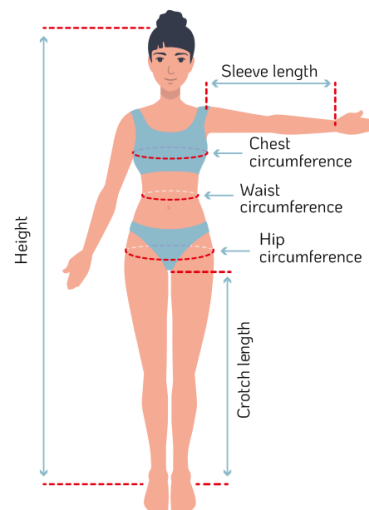
Size chart for children

| Children | | | | | | | |
|----------|-------------|-------------|------------|------------|----------|--------------------|------------------------|
| height | age (years) | height (cm) | chest (cm) | waist (cm) | hip (cm) | sleeve length (cm) | inside leg length (cm) |
| 92 | 1.5 – 2 | 92 | 52 – 56 | 50 – 54 | 52 – 58 | 30 – 33 | 35 – 40 |
| 104 | 3 – 4 | 104 | 56 – 60 | 52 – 56 | 56 – 64 | 34 – 37 | 40 – 45 |
| 116 | 5 – 6 | 116 | 60 – 64 | 54 – 58 | 62 – 70 | 39 – 42 | 48 – 53 |
| 128 | 7 – 8 | 128 | 64 – 70 | 56 – 60 | 68 – 76 | 45 – 48 | 55 – 60 |
| 140 | 9 – 10 | 140 | 70 – 76 | 58 – 62 | 74 – 82 | 49 – 52 | 65 – 70 |
| 152 | 11 – 12 | 152 | 76 – 82 | 60 – 66 | 80 – 88 | 53 – 56 | 70 – 75 |
| 164 | 13 – 14 | 164 | 82 – 88 | 64 – 70 | 86 – 94 | 57 – 60 | 75 – 80 |
| 176 | 15 – 16 | 176 | 88 – 94 | 68 – 72 | 92 – 98 | 61 – 64 | 80 – 85 |



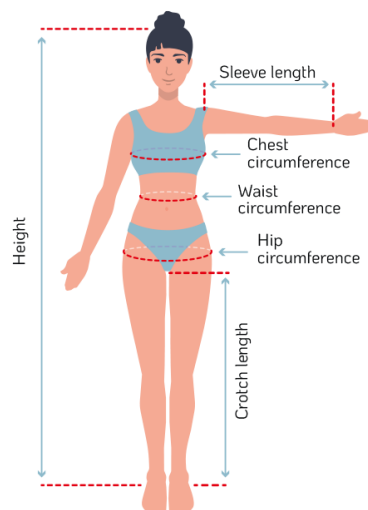
Size chart for women

| Women ENGEL | | | | | |
|-------------|------------|------------|-----------|--------------------|------------------------|
| height | chest (cm) | waist (cm) | hip (cm) | sleeve length (cm) | inside leg length (cm) |
| 34/36 | 80 – 88 | 64 – 72 | 88 – 96 | 60 – 62 | 78 – 82 |
| 38/40 | 88 – 96 | 72 – 80 | 96 – 104 | 60 – 62 | 78 – 82 |
| 42/44 | 96 – 104 | 80 – 88 | 104 – 112 | 60 – 62 | 78 – 82 |
| 46/48 | 104 – 112 | 88 – 96 | 112 – 120 | 60 – 62 | 78 – 82 |



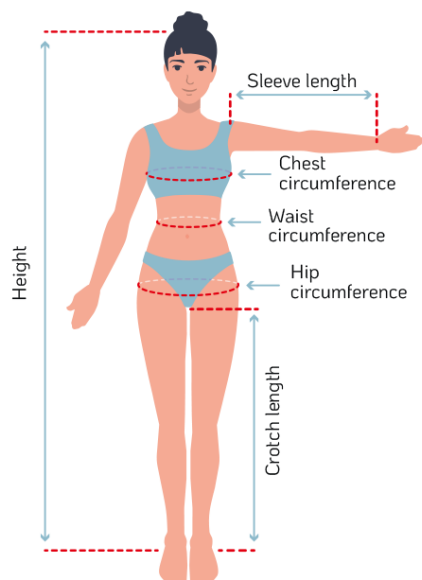
Size chart for women ENGEL SPORTS

| Women ENGEL Sports | | | | | |
|--------------------|------------|------------|----------|--------------------|------------------------|
| height | chest (cm) | waist (cm) | hip (cm) | sleeve length (cm) | inside leg length (cm) |
| S | 82–88 | 66–72 | 90–96 | 60–62 | 78–82 |
| M | 88–94 | 72–78 | 96–102 | 60–62 | 78–82 |
| L | 96–100 | 78–84 | 102–108 | 60–62 | 78–82 |
| XL | 100–106 | 84–90 | 108–114 | 60–62 | 78–82 |
| XXL | 106–112 | 90–96 | 114–120 | 60–62 | 78–82 |



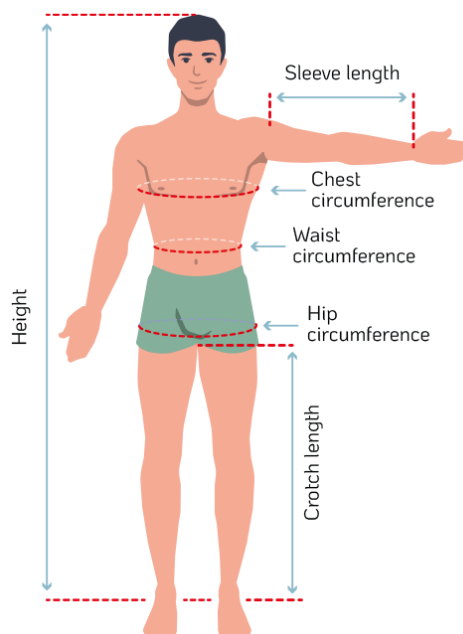
Size chart for Bra sizes

| Bra sizes | |
|-----------|---------------|
| size | correspond to |
| 1 | 75B–80C |
| 2 | 75D–80E |
| 3 | 80B–85C |
| 4 | 85B–90C |
| 5 | 80D–85E |
| 6 | 85D–90E |
| 7 | 95D–110E |
| 8 | 95B–110C |



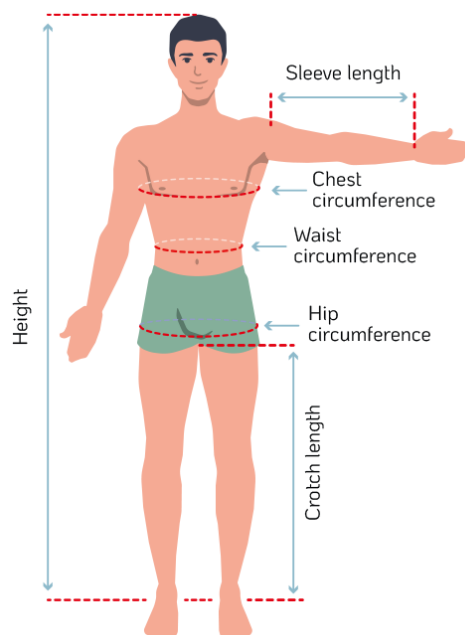
Size chart for men

| Men ENGEL | | | | | |
|-----------|------------|------------|-----------|--------------------|------------------------|
| height | chest (cm) | waist (cm) | hip (cm) | sleeve length (cm) | inside leg length (cm) |
| 44 | 84 – 88 | 78 – 84 | 90 – 94 | 58 – 60 | 76 – 78 |
| 46/48 | 88 – 96 | 84 – 92 | 94 – 102 | 60 – 62 | 78 – 80 |
| 50/52 | 96 – 104 | 92 – 100 | 102 – 110 | 62 – 64 | 80 – 82 |
| 54/56 | 104 – 112 | 100 – 108 | 110 – 118 | 64 – 66 | 82 – 84 |
| 58/60 | 112 – 120 | 108 – 116 | 118 – 126 | 66 – 68 | 84 – 86 |



Size chart for men ENGEL SPORTS

| Men ENGEL Sports | | | | | |
|------------------|------------|------------|-----------|--------------------|------------------------|
| height | chest (cm) | waist (cm) | hip (cm) | sleeve length (cm) | inside leg length (cm) |
| S | 90 – 96 | 78 – 84 | 94 – 100 | 58 – 60 | 76 – 78 |
| M | 96 – 102 | 84 – 90 | 100 – 106 | 60 – 62 | 78 – 80 |
| L | 102 – 108 | 90 – 96 | 106 – 112 | 62 – 64 | 80 – 82 |
| XL | 108 – 114 | 96 – 102 | 112 – 118 | 64 – 66 | 82 – 84 |
| XXL | 114 – 120 | 102 – 108 | 118 – 122 | 66 – 68 | 84 – 86 |



And now enjoy browsing through our [ENGEL Shop](#) and find the right fit for you and your family.